



Indoor Rehearsals - Key Points & Summary

When will rehearsals take place?

Tuesday evenings, 7.00pm - 8.15pm. We will trial Live Streaming these sessions as soon as we can so anyone self isolating or shielding can still take part!

Where will rehearsals take place?

The Moseley Exchange, 149-153 Alcester Road, Birmingham, B13 8JP

Pre-Booking

All members *must* pre-book for rehearsals indoors so we can ensure we have no more than the maximum safe number inside (initially 12 people, with scope to increase to 14 eventually).

Travel to/from the Exchange

We encourage you to walk or cycle to the rehearsal if you can. If this isn't possible then there is a car park opposite the venue that is pay and display. If you car share, please wear masks and keep windows open. If you use public transport please ensure you wear a mask!

There is a bike shed at the Exchange for you to use!

Venue C-19 Rules

You must follow the venue's C-19 rules including their one-way system, and only having one person in the toilet at a time.

Arrival

- Members can arrive from 6.45pm, before that time they must wait outside so we can ventilate room and clean everything (there may be space in reception for you if you are very early!)
- Members must wear masks (unless exempted) as they enter the Exchange, and will be asked some questions about having symptoms as they arrive:
 - 1) do you have any of the symptoms: elevated temperature, continuous cough, loss of smell and taste
 - 2) have you been in close contact with someone with symptoms
 - 3) have NHS Track & Trace asked you to self-isolate



- 4) have you returned from abroad and been asked to self-isolate
- 5) wind/brass - do you have a clean towel that you can use to empty condensation from your instrument?
- You may be sent home if your answers are not, in line with government guidance on meeting others.

The rehearsal

- Chairs and stands will be cleaned before use and will be spaced at least 2 metres apart (but often much more than this)
- We will sit you in rows in a zig-zag pattern, so that you are always at least 4 metres away from anyone who will be in front of you
- You must wear a mask at all times, unless you are playing a wind/brass instrument or are exempted.
- Please bring your own hand sanitiser, but we'll have plenty of spares if you need to borrow it
- Flutes/trombones will sit at the front as may create more aerosols
- We will rehearse for 30 mins, then take 15 min break to ventilate the room then rehearse for another 30 mins before finishing
- Try to print off your own music, but we'll have spares that are available to pick up if you need them

Wind/Brass players

- Wind and brass players must have a towel to empty any condensation onto.
- Do not empty any discharge onto the floor!
- We'll have spare paper towels if you forget your towel
- Your towel should be transported home in a sealed plastic bag
- You must sanitise your hands before and after emptying condensation

The Break

- You must stay 2 metres away from others during the break
- You can stay in the coworking space or go outside
- Bring your own water/refreshments as we cannot use glasses/mugs from the venue

After the rehearsal

- If you want to chat after the rehearsal, please do this outside as it is safer
- Please don't help us to pack away, as everything must be cleaned before putting away



Donations and voluntary contributions

- All donations and session fees will remain voluntary.
- If you are able to contribute we encourage the continuation of Standing Orders or BACS transfers as these are contact free
- You can donate via Card or Cash on the day, and we'll have more hand sanitising in place to facilitate this

General Points

- We can move inside safely if we collectively work together to keep everyone safe.
- We'll prepare the venue in terms of cleaning and seating arrangements so it is risk assessment compliant before you even arrive!
- The main things *you* need to do are:
 - Pre-book before attending a rehearsal
 - Don't attend if you have been asked self isolate or you/anyone in your household has symptoms
 - Stay 2 metres away from others (even on arrival/departure and during the break)
 - Don't move your chair or stand
 - Bring a towel and plastic bag if you play wind/brass
 - Wear a face covering at all times (unless you are playing a wind/brass instrument or are exempted)

Attending a rehearsal will never be 100% risk free, however we will do everything in the guidance to mitigate virus transmission as far as possible. You must understand that attending a rehearsal will be at your own risk, so do consider taking part Online or via the Live Stream if you are at high risk.

We are looking forward to welcoming you back to the warm and dry for our pilot indoor session on Tuesday 15th September. Everything won't be perfect at this first session, but we will use this to iron out any problems that arise. Please be patient with us during the first couple of weeks, this is all new to us as well as you! We are excited to get playing inside again and to trial the new live stream.

We will all need to be disciplined in order to stay risk assessment compliant, and this will be challenging. Be kind to each other and remind each other to stay apart and wear face coverings, even though this will feel a bit strange. We think this is a small price to pay in order to actually be able to chat in person, and make music as a proper band for the first time in 6 months!

See you soon!